

## **BLMA Ladder and Step Ladder Training Course**

### **BASICS**

BLMA Ladder and Step Ladder training by UK Construction Training can either be carried out at our training centre in London or, provided your premises or site has both an area for the practical training and an indoor room in which to carry out the theoretical elements of the course, we can also conduct the training at any location of your choice nationwide. A minimum of 4 delegates are required for an exclusive training course at your location.

In association with the British Ladder Manufacturers' Association (BLMA) UK Construction Training now offers this 1 day course for users, supervisors and managers wanting to equip themselves with the knowledge, skills and confidence necessary to use ladders and step ladders legally and safely.

Written with the guidance from the UK's leading experts on ladder manufacture, maintenance and safety, the BLMA scheme addresses all the issues raised by the Health and Safety at Work Act 1974 and, more recently, the Work and Height Regulations 2005.

### **THE COURSE**

By the end of the course delegates will be able to:

- Select appropriate work at height equipment for the task
- Assess and determine when it is appropriate to use ladders and step ladders
- Correctly locate and safely use ladders and step ladders
- Inspect ladders and step ladders for damage

Delegates will also have an understanding of the:

- Legislation and Regulations affecting work at height
- Product standards and classifications for ladders and step ladders in the workplace
- Hazards affecting the use of ladders and step ladders
- The need to planning using the S.T.E.P format – Site, Task, Equipment, Personnel
- Pre-Use Checks
- Detailed inspections
- Maintenance of Ladders

### **COST**

Price for the training is per delegate, per course and exclusive of VAT:

<b>No of Delegates</b>	<b>Price</b>
1 – 6	£125
7 - 9	£115
10 – 12	£105

I hope this meets with your approval and we look forward to receiving your instruction in the very near future. In the meantime and should you wish to contact us please telephone 0870 8507964 or email [admin@ukconstructiontraining.com](mailto:admin@ukconstructiontraining.com)

Assuring you of our best attention at all times,

UK CONSTRUCTION TRAINING LTD