

Health And Safety Awareness Training (CITB)

BASICS

Health And Safety Awareness training by UK Construction Training can either be carried out at our training centre in London or, provided your premises or site has both an area for the practical training and an indoor room in which to carry out the theoretical elements of the course, we can also conduct the training at any location of your choice nationwide. A minimum of 4 delegates are required for an exclusive training course at your location.

THE COURSE

Most courses start between 8.00 and 9.00am and finish at approximately 3.00 – 3.30pm. This Health and Safety Awareness Training Programme is a 1 day course grant approved by the Construction Industry Training Board (CITB). The course covers the following:

- Health and Safety at Work Related Legislation
- Accident Reporting and Emergency Procedures
- Accident Prevention
- Health and Hygiene
- Manual Handling
- Working at Heights
- Working with Electricity, Underground/Overhead Cables and other Services
- Use of Hand Held Equipment and Tools
- Personal Protective Equipment
- Safe use of Vehicles
- Noise and Vibration
- Fire Prevention
- Excavations and Confined Spaces
- The Control of Substances Hazardous to Health
- First Aid

COST

No of Delegates	Price
1 – 8	£125
9 – 12	£100

I hope this meets with your approval and we look forward to receiving your instruction in the very near future. In the meantime and should you wish to contact us please telephone 0870 8507964 or email admin@ukconstructiontraining.com

Assuring you of our best attention at all times,

UK CONSTRUCTION TRAINING LTD