

## **First Aid – Appointed Person.**

### **BASICS**

Appointed Person First Aid training by UK Construction Training can be carried out either at our training centre in London or, at any location of your choice nationwide (maximum 14 delegates per course).

Upon successful completion of the course each candidate will be awarded an appointed persons first aid certificate under Health and Safety regulations (first aid) 1981 which will be valid for three years from the date of issue

### **THE COURSE**

The course duration is 1 day and starts between 8.00 and 9.00 a.m. and will finish at approximately 3.00 – 3.30pm. This includes a break for lunch. All courses are fully accredited by ITSSAR and are conducted by experienced and fully registered instructors.

The Appointed Person First Aid Training course will cover:

- Aims and Priorities of First Aid
- Dealing with an Emergency
- Causes and Treatment of the Unconscious Casualty
- CPR
- Heart Conditions
- Choking and Asphyxia
- Wounds and Bleeding
- Question and Answer Session

### **COST**

Price for the training is per day rate (unless on a shared course at our training centre) and exclusive of VAT:

<b>No of Delegates</b>	<b>Price</b>
1 – 14	£450

I hope this meets with your approval and we look forward to receiving your instruction in the very near future. In the meantime and should you wish to contact us please telephone 0870 8507964 or email [admin@ukconstructiontraining.com](mailto:admin@ukconstructiontraining.com)

Assuring you of our best attention at all times,

UK CONSTRUCTION TRAINING LTD